

SCHOOL OF PUBLIC HEALTH RESEARCH SEMINAR SERIES

Challenges in Defining Optimal Pregnancy Weight Gain

Friday, November 2, 2018
12PM - 1PM
OHSU Knight Cancer Research Building 1011

Lisa Bodnar, PhD, MPH, RD Vice Chair of Research, Epidemiology Associate Professor, Epidemiology University of Pittsburgh

The amount of weight women should gain during pregnancy has been controversial for decades. In this talk, Dr. Lisa Bodnar will argue that the current national guidelines for gestational weight gain are not as rigorous and sophisticated as they should be, and several challenges have impeded their progress. She will propose several solutions to these challenges that will help to ensure evidence-based weight gain guidelines that optimize the health of mothers and children.



Lunch will be provided





