



PUBLIC HEALTH STUDIES: HEALTHY AGING

Core Courses (28 credits)

SUBSTITUTION

- STAT 243 Intro to Probability & Statistics I _____
- PHE 250 Our Community, Our Health _____
- PHE 350 Health & Health Systems _____
- PHE 363 Communicable and Chronic Disease _____
- PHE 450 Epidemiology (rec. prerequisite: STAT 243) _____
- PHE 452 Gender, Race, Class & Health _____
- PHE 404 Internship (4 credits, 120 hours) _____

Students must complete ALL of the following (36 credits):

- PHE 325 Nutrition for Health
- PHE 354 Social Gerontology
- PHE 416 Families and Aging
- PHE 423 Business of Aging
- PHE 456 Health Aspects of Aging
- PHE 478 Program Planning
- PHE 479 Program Evaluation
- SOC 469 Sociology of Aging** **OR** PSY 462 Psych of Adult Dev & Aging****OR** PHE 369 Health Policy, Law and Ethics, **OR** PHE 328U Health and Housing Across the Life Course
- BA 306 Working w/Money for Business minors** **OR** BA 316 Working w/Customers for Business minors** **OR** BA 326 Working w/People for Business Minors**

Required Electives (16 credits from the classes below or approved courses):

- BA 101, BA 336, and/or BA 346
- EC 316 Intro to Health Care Economics
- PHE 410 Death and Dying
- PHE 410 Global Aging and Health: Focus on Nicaragua
- PHE 445 Men’s Health
- PHE 451 Women’s Health
- PHL 313 Life and Death Issues
- PSY 311U Human Development
- SOC 459 Sociology of Health and Medicine
- SW 310 Intro to Social Work
- COMM 318U Family Communication

Advisor approved electives:

Total credits for required coursework: 80

**These courses may be used as electives if they are not being used as a required course.

Must have 180 credits to graduate of which 72 must be upper division. C- or higher is required for all required coursework.

UNIVERSITY STUDIES

<http://www.pdx.edu/unst/>

Transfer students who have earned less than 30 credits must complete all of the Freshman Inquiry coursework. The upper division cluster must follow one of the Sophomore Inquiry classes. Transfer students with 90+ credits may complete any cluster.

All 3 cluster courses must be from the same cluster. PHE/Major courses cannot be used to fulfill a cluster. All students must complete a 6 credit Capstone.

FRESHMAN INQUIRY

UNST _____

UNST _____

UNST _____

SOPHOMORE INQUIRY

UNST _____

UNST _____

UNST _____

30-59 credits = 3 SINQ courses

60-74 credits = 2 SINQ courses

75-89 credits = 1 SINQ course

UPPER DIVISION CLUSTER

_____ U

_____ U

_____ U

CAPSTONE (6 credits)

UNST 421 _____

BACHELOR OF SCIENCE

Science (12 credits, 8 must have a lab)

_____ Lab

_____ Lab

Arts and/or Social Science (12 credits)

Math (4 credits)

BACHELOR OF ARTS

**Arts and Letters (12 credits,
4 must be Fine & Performing Arts)**

Social Science (8 credits)

Math or Science (4 credits)

Foreign Language

(203 or higher, 4 credits)

Writing Requirement

Students admitted having earned 30-89 credits need writing 121 and SINQ coursework, as determined by credit placement. Students admitted having earned 90 or more credits meet the requirement with WR 121, plus an additional course from the following list:

WR 211, 222, 227, 300, 323, 327, 333, 420 or a 4 credit Writing Intensive Course (WIC).

_____ WR 121

_____ Additional Writing Course