Practice Experience & Integrative Project Info Session

Spring 2023

PE/IP Coordinators & Contacts

SCHOOL OF **PUBLIC HEALTH**

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PE Administrator: Andrew Wyman (andrew.wyman@pdx.edu)

Director of Applied Learning: Jamie Jones (jljones@pdx.edu)

PE/IP Website: https://ohsu-psu-sph.org/ipe_pe_ip/

What is the Practice Experience (PE)?

- An opportunity for you to take the knowledge and skills you've learned in your MPH coursework and apply them to important public health problems in real-life settings
- Requirement of all SPH MPH programs
- You must complete all 5 core MPH courses
  - BSTA 511/525: Intro/Est. and Hypothesis Testing for Applied Biostatistics
  - Epi 512: Epidemiology I
  - ESHH 511: Concepts of Environmental Health
  - HSMP 574: Health Systems Organization
  - PHE 512: Principles of Health Behavior
- BSTA Students – need more BSTA courses completed

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What is the PE?

- 4 credits = 160 contact hours
- Can be completed over 1 or 2 terms
    - ~8 hours/week if completed over 2 terms (recommended)
    - ~16 hours per week if completed in 1 term
- Demonstrate 5 learning competencies via at least 2 deliverables
    - Health equity competency is required (CEPH MPH Foundational Competency 6)
    - Two additional CEPH MPH Foundational Competencies
        - https://ohsu-psu-sph.org/masters-in-public-health-degrees/foundational-competencies
    - Two MPH Program Competencies from your MPH Program
        - Program Guides at https://ohsu-psu-sph.org/mph-ms-requirements/
- **You're responsible for finding and securing your PE opportunity**

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When to begin planning your PE?

TWO TERMS in advance

Start brainstorming your interests, researching PE sites, and reaching out to preceptors

- SPRING TERM >>> PE FALL TERM
- SUMMER TERM >>> PE WINTER TERM
- FALL TERM >>> PE SPRING TERM

Questions to ask yourself

What are your career/professional goals?

What kind of work/work environment is important to you?

What experiences and skills do you want to gain?

What are the communities with whom you want to build solidarity?

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Talk with your program's PE/IP coordinator to get guidance on what is an appropriate PE.

Where to find PE sites and preceptors?

Monitor
- SPH Jobs Page: https://ohsu-psu-sph.org/jobs/
- Listserv Announcements: https://groups.google.com/a/pdx.edu/g/SPH-grad-group

Review
- List of last 3 years of PE Sites (link in the google doc)
- EXXAT coming online fall 2023

Attend
- PE Oral Presentations of fellow students during finals week

Ask
- Your Faculty Advisor, PE/IP Coordinator, mentors to make introductions
- Other students, recent alumni, personal contacts for ideas and connections

Email
- Jamie Jones, Director of Applied Learning, at jljones@pdx.edu for email templates, ideas, coaching, etc.

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Where can you do your PE?

Public Health Agencies

- City
- County
- State
- Federal

CBOs/NGOs

- Community-specific (BIPOC, etc.)
- Issue-specific (i.g. violence prev., housing, substance use disorders, etc.)

Private Sector

- Employee health and wellness
- Occupational safety and health

Academia

- Must primarily focus on community engagement, typically with external partners

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What can (or can't) you do for your PE?

Can

- Complete your PE with your current employer
- *BUT* the project/work for the PE must map to competencies to be eligible for consideration

Can't

- Work that doesn't demonstrate your public health competencies
- Work that isn't community engaging
- No direct patient, client, or clinical work
- Do not recommend same PE supervisor as work supervisor

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Winter 2023 PE Topics

- Translating Benefits of Access to Care
- REALD at Broadway Medical Clinic
- Decoding Salmonella Enteritidis x-patterns: refining cluster detection in the era of whole genome sequencing
- Strategic Planning for the Gerontological Society of America's Assisted Living Interest Group
- Evaluating the Benefits of Near Peer Mentorship to enhance Student Research Programs
- Community Engagement in Collaborative Governance Projects for Wildfire Recovery and Statewide Water Resource Strategies
- Variation in Diet Quality Among Adults According to Chronic Pain Status: A Cross-Sectional Analysis of 1999-2004 NHANES Data
- A Community-Based Pilot Study: Wildfire Smoke Exposure During Pregnancy
- EMS Scene Time & Outcomes for Pediatric Patients with Out-of-Hospital Cardiac Arrest
- Assessing Wellbeing and Basic Needs in Health Profession Students
- Global Outcomes of Traumatic Brain Injury Across Human Development Index Strata: A Multi-Center, International, Prospective Cohort Study
- Understanding Gender Euphoria – How Can Gender-Affirming Care Support Gender Euphoria?
- The Epidemiology of Firearm Injuries in the OHSU Emergency Department: A Study of Firearm Injuries Managed in the ED, and the Data We Rely on to Describe Them
- Implementation of an Emergency Food Pantry: Addressing Food Insecurity within Primary Care
- SPADO Goal Group 5: How Should the State Plan for Alzheimer's Disease and Related Dementias in Oregon Support Research?

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Before starting your PE

Recommendations

- Mark registration dates and due dates on your calendar
  - https://calendar.google.com/; https://outlook.office.com/
- Complete the CPH Exam

Upcoming Resources

- MPH Practice Experience Calendar
- SPH PE/IP website update
- Fall 2023: Preceptor Database, Fall Welcome, PE Orientation
- More Info Sessions and Workshops

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Before starting your PE
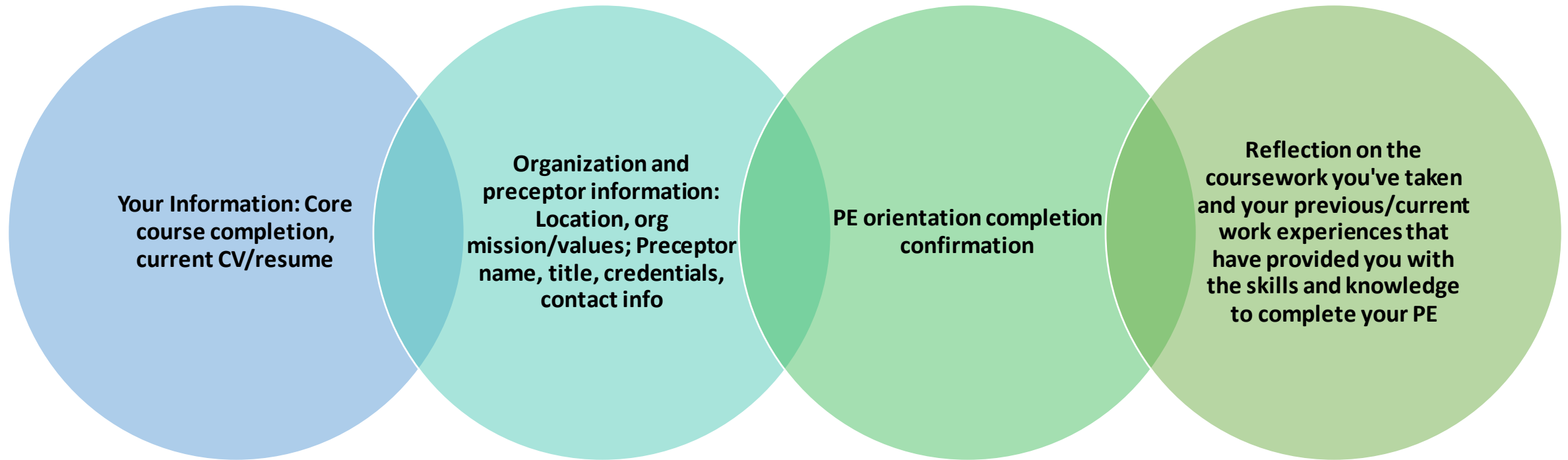
Site & Preceptor

- 2 terms prior: reach out to sites and preceptors
- 1 term prior: confirmed

Learning Contract

- Week 1-2 of prior term: Start draft; Gives time receive/integrate feedback from your Preceptor and PE/IP Program Coordinator
- Week of 5 of prior term: Draft due
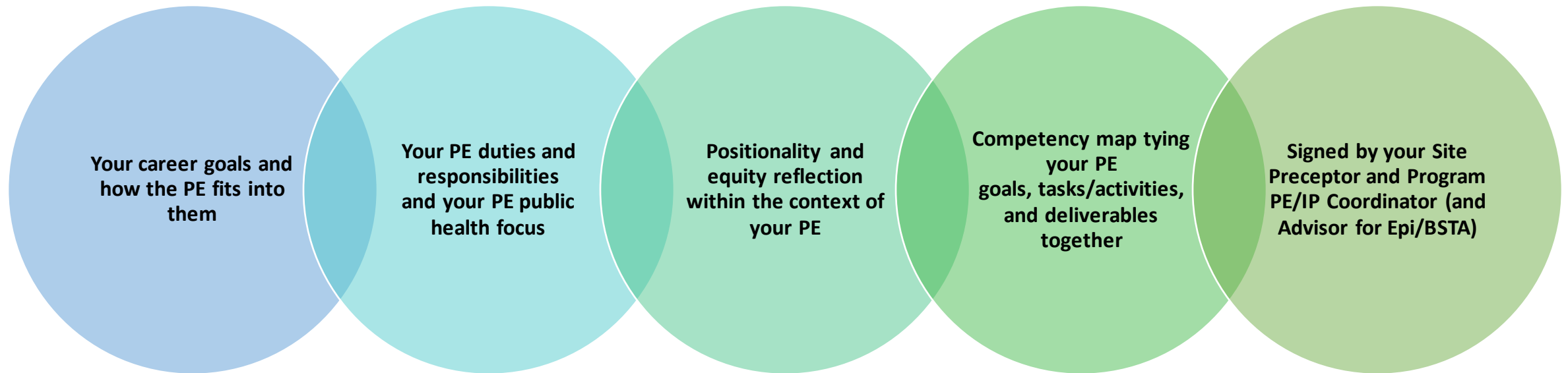- Week 7 of prior term: Final Due to PE/IP Coordinator

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Learning Contract Components

Your Information: Core course completion, current CV/resume

Organization and preceptor information: Location, org mission/values; Preceptor name, title, credentials, contact info

PE orientation completion confirmation

Reflection on the coursework you've taken and your previous/current work experiences that have provided you with the skills and knowledge to complete your PE

Download the Learning Contract at
http://ohsu-psu-sph.org/wp-content/uploads/2021/02/Practice-Experience-Learning-Contract.docx

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Learning Contract Components

Your career goals and how the PE fits into them

Your PE duties and responsibilities and your PE public health focus

Positionality and equity reflection within the context of your PE

Competency map tying your PE goals, tasks/activities, and deliverables together

Signed by your Site Preceptor and Program PE/IP Coordinator (and Advisor for Epi/BSTA)

RESOURCE RECOMMENDATION: YWCA Social Justice Trainings ($10/student rate)
https://www.ywcapdx.org/events/social-justice-trainings/

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Before starting your PE

Affiliation Agreements

- **Needed** if you are unpaid, classified as intern, or receive a stipend
- Not needed if your PE is at OHSU or PSU, or you if are classified as a paid temporary employee
- Download Affiliation Agreements at https://ohsu-psu-sph.org/ipe-pe-ip/

Registration

- https://www.pdx.edu/registration/academic-calendar
- https://www.ohsu.edu/education/academic-calendar
- RECOMMENDATION: Register for your PE over two terms

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Talk with your program's PE/IP coordinator to get guidance on what is an appropriate PE.

Before starting your PE

IRB Approval

- Needed if working on a research project
- Research is a systematic investigation designed to develop or contribute to generalizable knowledge
- *If you will be doing research for your PE, contact your PE/IP Coordinator at least two terms in advance*

International Sites

- Must complete forms for International Elective Approval & Travel Waiver of Liability
- The OHSU Office of International Services provides travel screening
- Student Health will help you to meet travel requirements (and provides vaccinations)
- *Must start planning several terms in advance to have all approvals in place*

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During and after your PE

Midway Progress Report

- Over 2 terms: due week 10 of 1st term
- Over 1 term: due week 5
- Template in Sakai/PE website

Portfolio & Deliverables

- Due Friday of week 10 of PE completion term
- Outline in Sakai
- Demonstrates your ability to communicate your overall experience and attainment of competencies
- Opportunity to showcase your PE and the work you completed
- 2 deliverables demonstrating 5 competencies (e.g. data collection plan, survey, comms materials, GIS map, etc.)

Oral Presentation

- Concludes your PE
- 20-minute presentation + 10-minute Q & A
- Meant to be a focused demonstration of your accomplishments

RESOURCE RECOMMENDATION: Review the PE syllabus at
https://ohsu-psu-sph.org/wp-content/uploads/2021/02/Practice_Experience_Syllabus_Feb921.pdf

Integrative Project

- Serves as the culminating experience of your MPH training
- Opportunity to demonstrate your academic learning and public health practice skills
- Recommend IP be derived from your PE, **but it doesn't have to**
- Result is a high-quality written product that must demonstrate your
  - Command of public health competencies learned during your MPH
  - Ability to synthesize and integrate 6 competencies
    - Health equity (CEPH 6) + 2 foundational competencies + 3 program competencies
- May take various forms
  - Program evaluation, policy/economic analysis, grant proposal, health promotion/community engagement program plan, publishable manuscript, etc.
- See PE/IP website for [Integrative Project Proposal Form](#) and [Integrative Project Syllabus](#)

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