



## **2023-2024 PROGRAM GUIDE: Dual Degree Master of Public Health – Health Promotion / Master of Urban Planning**

Information in this document is updated annually. Please refer to the document for the year you entered the program. Student resources, policies, and procedures applicable to all School of Public Health graduate students can be found on the SPH website, [www.ohsu-psu-sph.org](http://www.ohsu-psu-sph.org).

### **Overview**

Health Promotion Program Director: Claire Wheeler ([clam@pdx.edu](mailto:clam@pdx.edu))  
<https://ohsu-psu-sph.org/mph-health-promotion/>

Health Promotion/MURP Dual Degree Advisor: Marisa Westbrook ([marisaw@pdx.edu](mailto:marisaw@pdx.edu))

The Health Promotion program is an interdisciplinary course of study providing students with specialized training in public health promotion and education. Through coursework and community-based experiences, students learn to address factors in the broader social, economic, policy, and built environments to improve the health of populations. In this track students build practice and research skills for population-level intervention, including program development, implementation, and evaluation. The curriculum further offers opportunities to focus on health across the lifespan. Graduates of the Health Promotion track will be able to effectively recognize and assess health disparities, communicate health information, promote health equity, and mobilize resources for social change.

### **Program Competencies**

Students graduating from the MPH: Health Promotion (HP) degree program will be able to:

- Apply theory in the development, implementation, and evaluation of health promotion interventions, programs, and policies.
- Develop interventions and programs to effect change at multiple levels, including individual, community, organizations, and policy.
- Design and implement strategies to promote health.
- Solicit and integrate input from community and organization stakeholders.
- Design and deliver health communication messages.
- Evaluate and interpret results from program evaluations and other research.
- Define research problems, frame research questions, design research procedures, and outline methods of analysis.
- Apply ethical principles that govern the practice of public health.
- Demonstrate cultural competency in health promotion among all social and cultural communities.



# SCHOOL OF PUBLIC HEALTH

## MPH: Health Promotion Program of Study

Course Number	Course Title	Credits
<b>Core Required Coursework and Exam (22 Credits) (Common to all MPH programs)</b>		
BSTA 525	Introduction to Biostatistics	4
EPI 512	Epidemiology I	4
ESHH 511	Concepts of Environmental Health	3
HSMP 574	Health Systems Organization	3
PHE 512	Principles of Health Behavior	3
PHE 504PE	Practice Experience	4
PHE 502IP	Integrative Project	1
Exam	Certified in Public Health Examination	0; Pass
<b>Program Required Coursework (29 Credits)</b>		
Varies	Interprofessional Course (consult your advisor or Program Director)	1
PHE 511	Foundations of Public Health	3
PHE 517	Community Organizing	3
PHE 519	Etiology of Disease	3
PHE 520	Qualitative Research Design	3
PHE 521	Quantitative Research Design	3
PHE 540 or PHE 541	Mass Communication or Media Advocacy and Public Health	3
PHE 550	Program Planning	4
HSMP 573*	Values & Ethics in Health	3
HSMP 588	Program Evaluation & Management	3
<b>Elective Courses (9 Credits)</b>		
Varies	Courses chosen in consultation with Faculty Advisor	9
<b>Total Credits</b>		<b>60</b>

\*Students must complete 30 credits before taking HSMP 573.

### Shared Credits

Up to 20 shared credits are shared between programs. Students must submit a GO-14 form in year 3 prior to graduation specifying which credits they intend to use on a dual basis. These may be courses taken in either USP or SPH. A sample GO-14 is provided below. This is only a sample and the general electives / area of emphasis courses will vary by student interest.

Courses (up to 1/3 of lower-credit degree) to be shared across programs						Counting for					
Prefix	Name	Title	Credits	Grade	Term/Year/IHP	Program 1	Program 2				
USP	533	Methods 1	4			PHE 520	Required				
BSTA	525	Intro to Biostats	4			Required	USP 535	(but students need to do an extra assignment)			
ESHH	511	Concepts Env Hlth	3			Required	Gen Elective				
PHE	517	Community Org	3			Required	Gen Elective				
USP	588	Sustainable Dev	3			AofE	Gen Elective				
USP	578	Impact Assess	3			AofE	Gen Elective				
<b>Total</b>			<b>20</b>								
Any other gen elective in MURP program can "count" toward area of emphasis (AofE) in MPH but AofE no longer tracked											

### MPH Health Promotion: Recommended Course Sequence

Below are the recommended course sequences for full-time MPH Health Promotion students. Other schedules are possible. However, every SPH program has a quarter in which its students are prioritized for registration for certain (required) courses. It is important that you register promptly, and that you make every attempt to



follow the term-by-term course plans laid out below, as your program has priority registration for required courses specified during those terms.

Priority registration is only open for a limited period (typically 3 weeks). Once priority registration ends, students from other programs may register for these courses. While there is some flexibility to take courses in alternate terms, *we can only hold space for you during your prioritized registration term, during the priority registration period.* If you wait to register until after the priority period, or decide to take a course in another term, we cannot guarantee you a spot.

Always consult your Faculty Advisor regarding your program of study and course selection to determine the schedule that fits best for you. If you receive federal financial aid, it is important to be aware of financial aid requirements when planning your schedule. Federal loans require at least 1/2 time enrollment (5 credits). Please refer to [PSU's Office of Financial Aid](#).

### MPH HP / MURP Dual Degree Recommended Course Sequencing

Year 1 (25 MURP credits, 24 MPH credits)			
Fall	Winter	Spring	Summer
USP 540 History & Theory of Planning (4)	USP 541 Dynamics of Planning Practice (3)	USP 525 Design Anlys for Planning (2)	HSMP 574 Health Systems Org (3) (or next SUM)
USP 533 Planning Methods I (4) [Substitutes for PHE 520]	USP 531 GIS for Planners (4) (or in spring)	USP 553 Legal Proc in Planning (1)	
PHE 511 Found of Public Health (3)*	EPI 512 Epidemiology I (4)	BSTA 525 Intro to Biostats (4) [substitutes for USP 535]	
PHE 512 Principles of Health Behavior (3)*	PHE 541 Media Advcy (3)*		
<b>Attend Fall Student Welcome</b>			
Year 2 (24 MURP credits, 19 MPH credits)			
Fall	Winter	Spring	Summer
USP 515 Econ Applctns to Urban Stds (4)	USP 558 Planning Workshop (3)	USP 558 Planning Workshop (6)	
USP 584 Negotiation Pub Sctr (4) (or in SUM)	PHE 550 Program Planning (4)	PHE 517 Community Organizing (3)*	
USP 550 Participatory Planning (3)	PHE 521 Quantitative Research Design (3)*	PHE 519 Etiology of Disease (3)*	
USP 559 Internship Sem+ (1)	Electives		
ESHH 511 Cncpts Environ Hlth (3)			
<b>Attend Fall Student Welcome</b>	**CPH Exam		
Year 3 (23 MURP credits; 17 MPH credits)			
Fall	Winter	Spring	Summer
HSMP 588 Prog Eval & Mgmt Hlth Svcs (3)	PHE 504-PE MPH Practice Experience (4)	PHE 502 MPH Integrative Project (1)	



<i>HSMP 573 Values &amp; Ethics in Hlth (3)</i>	Electives	<i>IPE Course (1)</i>	
Electives		Electives	
<b>Attend Fall Student Welcome</b>			

\* = course is offered once per year in the term indicated

\*\*CPH Exam should be taken as soon as possible after core courses are complete.

+ USP 559 Internship Seminar (1 credit) is taken after internship hours are completed – see MURP handbook

### Graduate Student Resources, Policies, and Procedures

[Policies and procedures](https://ohsu-psu-sph.org/graduate-students-policies-and-procedures/) applicable to all School of Public Health graduate students can be found on the SPH website at <https://ohsu-psu-sph.org/graduate-students-policies-and-procedures/>. Please review the student policies and procedures listed there, including but not limited to the following sections:

- ☐ Advising
- ☐ Academic Standing
- ☐ Academic Dismissal
- ☐ Academic Dishonesty
- ☐ Codes of Conduct
- ☐ Educational Records Privacy
- ☐ Minimum Course Grade Requirements
- ☐ Recognition of Prior Earned Credit
- ☐ Course Waiver Policy
- ☐ Incomplete Coursework
- ☐ Course Approvals (Electives)
- ☐ Independent Study
- ☐ International Travel and Coursework
- ☐ Continuous Enrollment
- ☐ Leave of Absence
- ☐ Withdrawal Policy
- ☐ Time Limits
- ☐ Grievance Resolution
- ☐ Degree and Certificate Conferral

[Academic resources](#) and [student support services](#) available to SPH graduate students are listed on the SPH website, [www.ohsu-psu-sph.org](http://www.ohsu-psu-sph.org). Please review the resources listed there.