# Practice Experience & Integrative Project Info Session

Fall 2023









SCHOOL OF
PUBLIC HEALTH

Biostats: Byung Park (parkb@ohsu.edu)

Epi: Sarah Siegel (siegels@ohsu.edu)

ESHH: Tawnya Peterson (petertaw@ohsu.edu)

HSMP: Robin Baker (bakrob@ohsu.edu)

HP: Brad Wipfli (bwipfli@pdx.edu)

PHP: Robin Baker (bakrob@ohsu.edu)

PE Administrator: Andrew Wyman (andrew.wyman@pdx.edu)

Director of Applied Learning: Jamie Jones (jljones@pdx.edu)

### What is the Practice Experience (PE)?

- An opportunity for you to take the knowledge and skills you've learned in your MPH coursework and apply them to public health work in real-life settings
- Requirement of all SPH MPH programs
- You must complete all 5 core MPH courses
  - BSTA 511/525: Intro/Est. and Hypothesis Testing for Applied Biostatistics
  - Epi 512: Epidemiology I
  - ESHH 511: Concepts of Environmental Health
  - HSMP 574: Health Systems Organization
  - PHE 512: Principles of Health Behavior
- BSTA Students need more BSTA courses completed
- EPI Students highly recommend have taken EPI Data (EPI 536)







#### What is the PE?

- 4 credits = 160 contact hours
- Can be completed over 1 or 2 terms
  - ~8 hours/week if completed over 2 terms (recommend Fall/Winter)
  - ~16 hours per week if completed in 1 term
- Demonstrate 5 learning competencies via at least 2 deliverables
  - Health equity competency is required (CEPH MPH Foundational Competency 6)
  - Two additional CEPH MPH Foundational Competencies
    - <a href="https://ohsu-psu-sph.org/masters-in-public-health-degrees/foundational-competencies">https://ohsu-psu-sph.org/masters-in-public-health-degrees/foundational-competencies</a>
  - Two MPH Program Competencies from your MPH Program
    - Program Guides at <a href="https://ohsu-psu-sph.org/mph-ms-requirements/">https://ohsu-psu-sph.org/mph-ms-requirements/</a>
- You're responsible for finding and securing your PE opportunity







# When to begin planning your PE?

#### TWO TERMS in advance

# Questions to ask yourself

Start brainstorming your interests, researching PE sites, and reaching out to preceptors

- SUMMER TERM >>> PE WINTER TERM
- FALL TERM >>> PE SPRING TERM
- SPRING TERM >>> PE FALL TERM

What are your career/professional goals?

What kind of work/work environment is important to you?

What experiences and skills do you want to gain?

What are the communities with whom you want to build solidarity?

PE Website: <a href="https://ohsu-psu-sph.org/applied-learning-experience/practice-experience/">https://ohsu-psu-sph.org/applied-learning-experience/practice-experience/</a>

Talk with your program's PE/IP coordinator to get guidance on what is an appropriate PE.

#### Where to find PE sites and preceptors?

Monitor

- SPH Jobs Page: <a href="https://ohsu-psu-sph.org/jobs/">https://ohsu-psu-sph.org/jobs/</a>
- Listserv Announcements: <a href="https://groups.google.com/a/pdx.edu/g/SPH-grad-group">https://groups.google.com/a/pdx.edu/g/SPH-grad-group</a>

Search

• PE placement database - EXXAT (<a href="https://steps.exxat.com/account/login">https://steps.exxat.com/account/login</a>)

Attend

• PE Oral Presentations of fellow students during finals week

Ask

- Your Faculty Advisor, PE/IP Coordinator, mentors to make introductions
- Other students, recent alumni, personal contacts for ideas and connections

Email

• Jamie Jones, Director of Applied Learning, at <a href="mailto:iljones@pdx.edu">iljones@pdx.edu</a> for email templates, ideas, coaching, etc.

# Where can you do your PE?

#### Public Health Agencies

- City
- County
- State
- Federal

#### CBOs/NGOs

- Communityspecific (BIPOC, LGBTQ, etc.)
- Issue-specific

   (i.g. violence
   prev., housing,
   substance use
   disorders, etc.)

#### Private Sector

- Employee health and wellness
- Occupational safety and health

#### Academia

 Must primarily focus on community engagement, typically with external partners



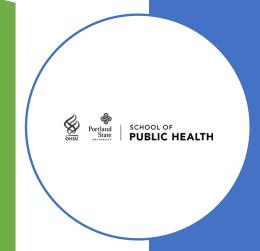
# What can (or can't) you do for your PE?

#### Can

- Get paid
- Complete your PE with your current employer
- \*BUT\* the project/work for the PE must map to competencies to be eligible for consideration

#### Can't

- Work that doesn't demonstrate your public health competencies
- Work that isn't community engaging
- No direct patient, client, or clinical work
- Do not recommend same PE supervisor as work supervisor



PE Website: <a href="https://ohsu-psu-sph.org/applied-learning-experience/practice-experience/">https://ohsu-psu-sph.org/applied-learning-experience/practice-experience/</a>

Recommendations

- Mark registration dates and due dates on your calendar
  - https://calendar.google.com/
  - https://outlook.office.com/
- Complete the CPH Exam

Resources

- MPH Practice Experience Calendar
- SPH PE/IP website update
- EXXAT Database
- Positionality Workshop







Site & Preceptor

- 2 terms prior (at least): reach out to sites and preceptors
- 1 term prior: confirmed

Learning Agreement

- Week 1-2 of prior term: Start draft; Gives time receive/integrate feedback from your Preceptor and PE/IP Program Coordinator
  - Login/complete Canvas PE Orientation
- Week of 5 of prior term: Draft due
- Week 7 of prior term: Final Due to PE/IP Coordinator







#### Learning Agreement Components

Reflection on the **Organization and** coursework you've taken preceptor information: **Your Information: Core** PE orientation completion and your previous/current Location, org confirmation work experiences that course completion, mission/values; Preceptor current CV/resume have provided you with • Required Canvas Orientation! name, title, credentials, the skills and knowledge contact info to complete your PE

**Download the Learning Agreement at** 

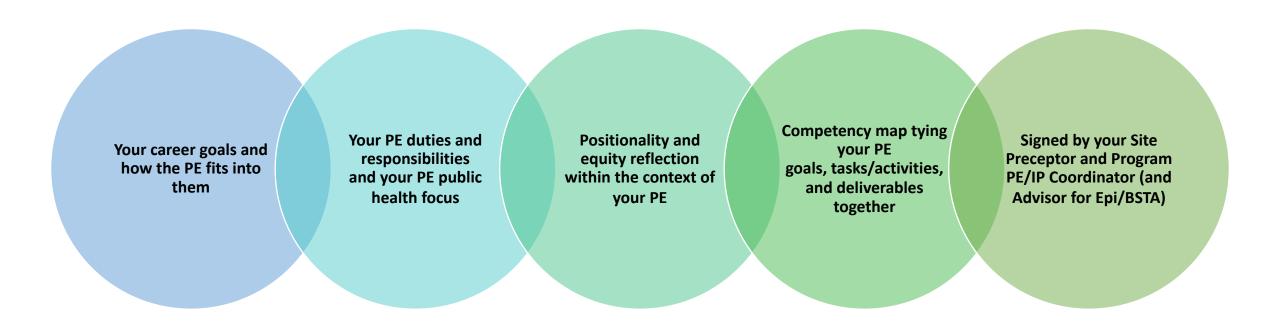
https://ohsu-psu-sph.org/wp-content/uploads/2023/08/2023-Practice-Experience-Learning-Agreement.docx







#### Learning Agreement Components



**RESOURCE RECOMMENDATION: YWCA Social Justice Trainings (\$10/student rate)** 

https://www.ywcapdx.org/events/social-justice-trainings/







Affiliation Agreements

- Needed if you are unpaid, classified as intern, or receive a stipend
- Not needed if your PE is at OHSU or PSU, or you if are classified as a paid temporary employee
- Affiliation Agreement on the SPH PE website

Registration

- https://www.pdx.edu/registration/academic-calendar
- https://www.ohsu.edu/education/academic-calendar
- RECOMMENDATION: Register for your PE over two terms (fall, winter)







IRB Approval

- Needed if working on a research project
- Research is a systematic investigation designed to develop or contribute to generalizable knowledge
- If you will be doing research for your PE, contact your PE/IP Coordinator at least two terms in advance

International Sites

- Must complete forms for International Elective Approval & Travel Waiver of Liability
- The OHSU Office of International Services provides travel screening
- Student Health will help you to meet travel requirements (and provides vaccinations)
- Must start planning several terms in advance to have all approvals in place







# During and after your PE

#### **Midway Progress Report**

- Over 2 terms: due week 10 of 1st term
- Over 1 term: due week 5
- Template in Sakai/PE website

#### **Portfolio & Deliverables**

- Due Friday of week 10 of PE completion term
- Outline in Sakai
- Demonstrates your ability to communicate your overall experience and attainment of competencies
- Opportunity to showcase your PE and the work you completed
- 2 deliverables demonstrating 5 competencies

#### **Oral Presentation**

- Concludes your PE
- 20-minute presentation + 10-minute Q & A
- Meant to be a focused demonstration of your accomplishments

# Deliverable Examples

Data Collection Plan	Qual/Quant Data Analysis Plan
Communication Materials	Data Analysis
GIS Map	Program script
Program Evaluation	Draft Manuscript Sections
Literature Review	Statistical Output
Survey Instrument	External-facing community engagement summary
Focus Group Protocol	Systems Thinking Diagram
Healthcare Network Map	Curriculum
Statewide Program Census	Report
Toolkit	Website/App







#### Integrative Project

- Serves as one of the culminating experience of your MPH training (in addition to the CPH exam and Practice Experience)
- Opportunity to demonstrate your academic learning \*and\* public health practice skills
- Result is a high-quality written product that must demonstrate your
  - Command of public health competencies learned during your MPH
  - Ability to synthesize and integrate 6 competencies
    - Health equity (CEPH 6) + 2 foundational competencies + 3 program competencies





#### Integrative Project

- Recommend IP be derived from your PE, but it doesn't have to
- May take various forms
  - Program evaluation, policy/economic analysis, grant proposal, health promotion/community engagement program plan, publishable manuscript, etc.
- Plan to spend about 30 hours (3 hours/week)
- See IP website for the IP Proposal Form and the Integrative Project Syllabus













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