



## **HEALTH STUDIES: HEALTHY AGING**

### **Core Courses (28 credits)**

### **SUBSTITUTION**

- |  |       |
|--|-------|
| <input type="checkbox"/> STAT 243 Intro to Probability & Statistics I                  | _____ |
| <input type="checkbox"/> PHE 225 Finding Your Path (2023 catalog and later)            | _____ |
| <input type="checkbox"/> PHE 250 Our Community, Our Health                             | _____ |
| <input type="checkbox"/> PHE 350 Health & Health Systems                               | _____ |
| <input type="checkbox"/> PHE 363 Communicable and Chronic Disease                      | _____ |
| <input type="checkbox"/> PHE 450 Epidemiology (rec.pre-req STAT 243)                   | _____ |
| <input type="checkbox"/> PHE 452 Gender, Race, Class & Health                          | _____ |
| <input type="checkbox"/> <a href="#">PHE 404 Internship (4 credits: 120 hours) [1]</a> | _____ |
| <input type="checkbox"/> One Biological Science Course (2023 catalog and later)        | _____ |

### **Students must complete ALL of the following (36 credits):**

- ☐ PHE 325 Nutrition for Health
- ☐ PHE 354 Social Gerontology
- ☐ PHE 416 Families and Aging
- ☐ PHE 423 Business of Aging
- ☐ PHE 456 Health Aspects of Aging
- ☐ PHE 478 Program Planning
- ☐ PHE 479 Program Evaluation
- ☐ SOC 469 Sociology of Aging\*\* **OR** PSY 462 Psych of Adult Dev & Aging\*\***OR** PHE 321 Health Policy, **OR** PHE 328U Health and Housing Across the Life Course
- ☐ BA 306 Essentials of Finance\*\* **OR** BA 316 Essentials of Marketing \*\* **OR** BA 326 Essentials of Management \*\*

### **Required Electives (16 credits of any elective below or approved course):**

- |  |   |
|--|---|
| <input type="checkbox"/> BA 101, BA 336 and/or BA 346<br><input type="checkbox"/> EC 316 Intro to Hlth Care Economics<br><input type="checkbox"/> PHE 410 Death and Dying<br><input type="checkbox"/> PHE 445 Men's Health<br><input type="checkbox"/> PHE 451 Women and Holistic Health | <input type="checkbox"/> PHL 313 Life and Death Issues<br><input type="checkbox"/> PSY 311U Human Development<br><input type="checkbox"/> SOC 459 Sociology of Health and Medicine<br><input type="checkbox"/> SW 310 Intro to Social Work<br><input type="checkbox"/> COMM 318U Family Communication |
|--|---|

[\[1\] The PHE 404 planning process should start AT LEAST TWO TERMS IN ADVANCE of PHE 404 registration](#)

\*\*These courses may be used as electives if they are not being used as a required course.

**Must have 180 credits to graduate of which 62 must be upper division.  
C- or higher is required for all required coursework.**

Credits at admission	Requirement	2021 and earlier catalogs	2022 catalog
<b>0-59</b>	SINQ	Three SINQs	Two SINQs
	Cluster	Cluster must link to one of your SINQ courses	Cluster and SINQ are not required to be from the same theme, but it is recommended
	RESR	Not applicable	Two RESR designated courses
<b>60-74</b>	SINQ	Two SINQs	Two SINQs
	Cluster	Cluster must link to one of your SINQ courses	Cluster and SINQ are not required to be from the same theme, but it is recommended
	RESR	Not applicable	Two RESR designated courses
<b>75-89</b>	SINQ	One SINQ	One SINQ
	Cluster	Cluster must link to one of your SINQ courses	Cluster and SINQ are not required to be from the same theme, but it is recommended
	RESR	Not applicable	Two RESR designated courses
<b>90-134</b>	SINQ	Not applicable	Not applicable
	Cluster	Cluster must link to one of your SINQ courses	Cluster and SINQ are not required to be from the same theme, but it is recommended
	RESR	Not applicable	One RESR designated course
<b>135 +</b>	SINQ	Not applicable	Not applicable
	Cluster	Not applicable	Not applicable
	RESR	Not applicable	One RESR designated course

**All students must complete a Capstone course to graduate along with the above University Studies Requirements**

**BACHELOR OF SCIENCE**

Minimum of 23 credits

Science (1 year of science - 10 credits  
min of which 6 must have a lab)

\_\_\_\_\_ Lab  
\_\_\_\_\_ Lab  
\_\_\_\_\_ Lab

Arts and/or Social Science (10 credits  
min)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Math (3 credits min. of college level)

\_\_\_\_\_

**BACHELOR OF ARTS**

Minimum of 23 credits

Arts and Letters (10 credits min,  
3 must be from Fine & Performing Arts)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Social Science/Science (10 credits minimum with 3 from science  
or math)

\_\_\_\_\_  
\_\_\_\_\_

Math or Science (min. 3 credits)

\_\_\_\_\_

Foreign Language

(203 or higher, 3 credits minimum)

\_\_\_\_\_

**Writing Requirement**

Students admitted having earned 30-89 credits need writing 121 and SINQ coursework, as determined by credit placement. Students admitted having earned 90 or more credits meet the requirement with WR 121, plus an additional course from the following list:

WR 200, 222, 227, 228, 300, 301, 323, 327, 333, 394, 400, 420 or a 4-credit [Writing Intensive Course \(WIC\)](#)1 course

\_\_\_\_\_ WR 121

\_\_\_\_\_ Additional Writing Course