



Healthcare Exposure Sites & Programs in Portland Metro area

This handout highlights some places where PSU students have volunteered in the past. You can gain health care experience at a variety of health care settings and we encourage students to start their search early so the experience can help students make informed choices about their major and career. PSU [Career Center](#) can help students find health care experiences so we suggest students to connect with them.

HOSPITALS

Oregon Health & Science University (OHSU)

As the state of Oregon's only public health and research university, OHSU is a unique resource for Oregonians and the place where healing, teaching and discovery come together. Volunteers are placed in a variety of settings in both patient care and non-patient care depending on their skills, interests, and previous experience.

Website: ohsu.edu/visitors-and-volunteers

LEGACY HEALTH

Legacy Health is a non-profit health system with hospitals, clinics, labs and other clinical sites as well as support services. Volunteers work in a variety of roles including greeting visitors, escorting patients, visiting children in pediatrics, gardening, and other similar support roles. Different volunteer opportunities are available at each Legacy facility.

Website: <https://www.legacyhealth.org/Patients-and-Visitors/visit-or-volunteer/volunteer>

PROVIDENCE HEALTH & SERVICES

Providence is a not-for-profit Catholic network of hospitals, care centers, health plans, physicians, clinics, home health care and affiliated services. Volunteers help in many ways such as guest concierge, patient information, gift shop assistance, courier and transportation services, nursing and office support.

Website: <https://www.providence.org/locations/or/providence-oregon-volunteering>

PORTLAND VA MEDICAL CENTER

The Portland VA Health System serves more than 95,000 unique Veterans and 950,000 outpatient Veteran visits each year. The health system provides a full continuum of inpatient, outpatient, long-term and emergency care. Volunteers provide many important functions throughout the Medical Center and help make patients' stays more enjoyable.

Website: <http://www.portland.va.gov/giving/>

TUALITY HEALTHCARE

Tuality Healthcare is an OHSU partner and committed to fully supporting the health care needs of Hillsboro and western Washington County. Volunteers serve in over 40 areas including information desks, nursing units, emergency department, physical therapy, and special projects.

Website: https://tuality.org/careers/volunteer_opportunities/

HOSPICE CARE

Hospice Care is designed to give supportive care to people in the final phase of a terminal illness and focus on comfort and quality of life, rather than cure.

PROVIDENCE HOSPICE

Providence Hospice provides experienced, compassionate care for people nearing the end of life. While we care for people facing terminal illness, we emphasize quality of life. Volunteers serve in many different areas, including respite care; bereavement; children's grief support group; oncology; community education; and program support.

LEGACY HOSPICE & LEGACY HOPEWELL HOUSE HOSPICE

Legacy offers both home hospice care as well as Legacy Hopewell House Hospice which offers a home-like setting to care for those with symptoms beyond those a family can address. Volunteers assist with respite care and friendly visits to home hospice patients as well as offer compassionate direct patient care to patients and families.

CLINICS

CHILDRENS COMMUNITY CLINIC

Our mission is to provide high quality and compassionate healthcare to children, from birth to 21 years, of families who are underserved (uninsured and underinsured), regardless of race, ethnicity, geographic residency or ability to pay. Volunteers are needed in a variety of roles including social media, event planning, health education, and direct service providers.

Website: <https://www.ccc4kids.org>

OUTSIDE IN

Outside In helps homeless youth & marginalized people move towards improved health and self-sufficiency. Volunteers help support homeless people who need to see a doctor, students furthering their education or employment prospects, and homeless youth who need basic resources like meals and hygiene supplies.

Website: <https://outsidein.org/about-us/volunteer/>

PORTLAND ADVENTIST COMMUNITY SERVICES (PACS) HEALTH CLINIC

PACS Health Clinic provides primary care exclusively to low-income individuals who are struggling to afford the cost of primary health care. Volunteer opportunities vary, please connect with PACS directly for current needs

Website: www.pacsonline.org/volunteer

VIRGINIA GARCIA MEMORIAL HEALTH CENTER

Virginia Garcia Memorial Health Center provides high-quality, comprehensive, and culturally appropriate primary health care to the communities of Washington and Yamhill Counties with an emphasis on migrant and seasonal farm workers & others with barriers to receiving healthcare.

Various volunteer opportunities available, please check online.

Website: <https://viriniagarcia.org/get-involved/volunteer/>

CENTRAL CITY CONCERN

Central City Concern serves single adults and families in the Portland metro impacted by homelessness, poverty, and addictions. Volunteer opportunities vary depending on need but could include clinic concierge, art or music therapy, cooking programs, and administrative work.

Website: <https://centralityconcern.org/how-to-help/volunteer/>

MERCY & WISDOM COMMUNITY HEALTH CLINIC (NATUROPATHIC CLINIC)

Helps the low income, holistic minded, and uninsured achieve health through affordable, integrative medical care. Services offered include naturopathy, oriental medicine, massage and bodywork. Volunteers are needed for a variety of duties. Please contact the clinic for opportunities.

Website: <https://mercyandwisdom.org/>

OTHER HEALTHCARE OPPORTUNITIES

CHILDREN'S CANCER ASSOCIATION CHEMO PAL™ PROGRAM

When seriously ill children, teens, and their families need more than medicine, CCA's innovative programs create joy one moment at a time. Volunteer play games, listen to music, share hobbies, and offer companionship to children and teens in treatment.

Website: <http://joyrx.org/programs/chemo-pal/>

OUR HOUSE

Our House provides health and housing services for people with HIV/AIDS. They provide 24-hour specialized care, adult foster care, and independent housing with support services. Volunteers assist with cooking, gardening, maintenance and provide companionship to residents and clients.

Website: <http://www.ourhouseofportland.org/volunteer/>

EVENT MEDICAL SERVICES

A volunteer organization that serves the Portland Community, allows volunteers to gain hands-on medical practice as well as individuals who share the same interests. Volunteer dispense first aid items and assist patients with wound cleaning, bandage application, blood glucose tests, among other tasks. During calls and emergencies they coordinate with local ambulance companies and/or fire depts. to keep the patient safe and stable.

Website: <https://www.eventmedicalsolutions.org/>

MARQUIS COMPANIES INTERNSHIPS AND CNA TRAINING

This managed care facility offers a variety of internships as well as the opportunity to train for your CNA certification for free, provided you agree to work for Marquis Companies for a period of time. Volunteers work as interns.

Website: <https://www.marquiscompanies.com/careers/>

MIKE PROGRAM

Multicultural Integrated Kidney Education (MIKE) Program connects at-risk teenagers with health providers-in-training to inspire mutual trust. Volunteers work as mentors and guide a health promotion curriculum,

accompany teens on field trips to medical facilities & help the youth create their own health project to present to peers, families, and community members.

Website: <https://www.mikeprogram.org/>

PROJECT ACCESS NOW

Project Access NOW is a broad based community initiative that builds access to health care for low-income and uninsured people in the Portland/Vancouver area by coordinating a network of volunteer healthcare providers, clinics, and hospitals. Volunteer work in various roles.

Website: <https://www.projectaccessnow.org/get-involved/volunteer>

MEDICAL SCRIBE PROGRAMS (PAID POSITIONS)

Scribing is a paid job and a serious commitment. Scribes shadow the Emergency Room and specialty clinic physicians, following them into every patient room, recording the patient's history and reason for visiting, and transcribing the physical exam as the doctor dictates. Scribes also organize pending lab and x-ray results. Students who have scribed say the experience helped them dramatically with their preparation for medical school and understanding of medicine.

OHSU SCRIBE

<https://www.ohsu.edu/medical-scribes>

LEGACY HOSPITALS SCRIBE PROGRAM

Scribes shadow Emergency Room Physicians and complete all documentation tasks for the doctors as well as organize pending lab and radiology results.

Website: <https://emnacs.com/scribe-employment/job-description>

ADDITIONAL SCRIBE FIRMS

CEP America: <http://www.cepamerica.com/>

ScribeAmerica <https://www.scribeamerica.com/>

Scribe-X Northwest <http://www.scribe-x.com/>

SUMMER RESEARCH AND INTERNSHIP OPPORTUNITIES

SUMMER HEALTH PROFESSIONS EDUCATION PROGRAM (SHPEP)

The SHPEP is a free summer enrichment program focused on improving access to information and resources for college students interested in the health professions. Health professions represented in the program include: dental, medicine, nursing, optometry, pharmacy, physical therapy, physician assistant and public health. Deadline: Applications typically open in November with deadlines in February and/or March.

Website: <https://www.shpep.org/>

NATIONAL SCIENCE FOUNDATION'S (NSF) RESEARCH EXPERIENCES FOR UNDERGRADUATES

Research experiences can cover a huge range of topics and are held across the country each year. Each student is associated with a specific research project, where they work closely with the faculty and other researchers. Deadline: Varies by program, however many sites have deadlines during February & March

Website: <http://www.nsf.gov/crssprgm/reu/>

OHSU

For a complete list of summer research opportunities at OHSU, please visit:

<http://www.ohsu.edu/xd/outreach/find-highered.cfm>

CLINICAL RESEARCH INVESTIGATIVE STUDIES PROGRAM (CRISP)

The CRISP program exposes research volunteers to the world of research and clinical medicine as well as the opportunity to observe patient care by spending time collecting data and observing patient care in an urban Emergency Department. Volunteers assist with gathering data from emergency room patients as part of a clinical research program.

Website: <http://www.ohsu.edu/emergency/research/crisp/>

KAISER PERMANENTE

As an intern at Kaiser Permanente, you'll develop your skills — and your confidence — as a member of an engaged, innovative, and committed team and receive 1:1 mentoring and more!

<https://www.kaiserpermanentejobs.org/internship-opportunities>

